



# PANTHEON Newsletter

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## MEET JEREMY!



What's one item you can't work without?  
Communication.

Sweet or salty?  
Both. They need each other for contrast.

What's a hobby you'd love to get back into?  
Woodworking.

Beach or mountains?  
Mountains. I like the scenery, the quiet, and being somewhere that feels different from normal life.

Pineapple on pizza: yes or no?  
Yes, but only if the rest of the pizza makes sense.

## TECH TIP OF THE MONTH

### Why Regular Computer Restarts Matter

Many people leave their computers running for days—or even weeks—without realizing how important regular restarts are for performance and security.

Restarting a computer helps:

- Install important Windows and security updates
- Improve speed and overall system performance
- Clear temporary glitches and memory issues
- Resolve slow applications or freezing
- Refresh network and printer connections

At Pantheon Computers, we help manage this process automatically for

many of our clients by scheduling routine maintenance and weekly restarts after business hours. This helps ensure updates install properly and devices stay running efficiently with minimal interruption to your workday.

Even with proactive maintenance in place, an occasional manual restart can still help resolve minor issues quickly if your computer starts acting unusually slow or unstable.

Keeping devices updated and refreshed is one of the simplest ways to reduce technical problems and improve reliability.



## PANTHEON UPDATES

- Our first AI enablement webinar had a great attendance!
- Although our Client Connect Live only had a few takers, Reyna and Nick were able to answer some great AI questions from the participants.
- Currently testing the new AI based SPAM Filter on ourselves - look for it to come soon to your team.
- We have been working on assembling our next Pillar Magazine - the topic is on Cyber Security
- We are excited to be able to provide new VOIP phone solution to our clients that will be Pantheon sold, installed and managed.

# LET'S CELEBRATE!



**Dillon**  
**05/21**

**6 Years with Pantheon**



**Jeremy**  
**05/26**

**6 Years with Pantheon**

*The following is a shortened excerpt from this quarter's edition of Pillar Magazine, where we explore how businesses can responsibly embrace artificial intelligence while maintaining accountability, security, and human oversight.*

## **From Adoption to Accountability: Making AI Work for Us**

Artificial intelligence has rapidly become part of the modern workplace, quietly integrating into daily routines to help teams draft emails, summarize meetings, organize information, and speed up research. Tools like ChatGPT, Microsoft Copilot, Claude, and Google Gemini are helping businesses work more efficiently by reducing repetitive tasks and improving productivity. As AI adoption continues to grow organically across organizations, many employees are already using these tools regularly—often without formal training or clear guidelines.

While AI offers tremendous benefits, it also introduces important considerations around oversight, accuracy, and data security. One of the biggest challenges businesses face is not misuse, but overreliance on AI-generated content. Because AI tools are designed to sound confident and helpful, they can sometimes provide inaccurate or misleading information, making human review and verification essential. Organizations must also remain mindful of what information is being entered into AI platforms and ensure employees understand which tools are approved for business use.

The article emphasizes that successful AI adoption is not about restricting innovation, but about creating clear expectations, practical guardrails, and ongoing education. Businesses that invest in training and responsible AI practices can empower employees to use these tools with confidence while reducing unnecessary risk. When approached thoughtfully, AI becomes a valuable partner that supports smarter workflows, better time management, and stronger operational efficiency—while keeping people firmly in control.

Interested in reading the full article? Reach out to request your copy of this quarter's Pillar Magazine, and let us know if you'd like to be added to our mailing list for future insights, updates, and industry best practices.

## **DAD JOKE OF THE MONTH:**

Why don't bees miss deadlines?

**They like to be on time.**

